

## BURSTING BERRY BLEND BREAKFAST PARFAIT

3 cups Greek yogurt

1 Tbsp. Maple Syrup (optional)

4 Tbsp. **YGY Easy Eats™ Bursting Berry Blend**

1 ½ cups granola

Fresh berries

Combine yogurt, maple syrup and dip mix, blend until completely blended and refrigerate for one hour or more (can be made the night before). In serving glasses or bowls, layer yogurt mix, granola and top with berries. (serves 4)

